

12 SPIRITUAL PRACTICES

TO GROW IN JESUS CHRIST

We believe our mission — *to know Christ and make Him known* — will flourish as we lean deeply into discipleship. In 2026, we will launch a church-wide Discipleship Plan centered on **12 Spiritual Practices to grow in Jesus Christ.**

Key Values of the Discipleship Plan:

- 1 Christ-centered
- 2 Applicational
- 3 Unifying
- 4 Clear & easily implemented across ministry areas.

Each month we will focus on one Spiritual Practice which will be divided into 4 weeks of content, consisting of:



- **A Key Verse** | One per month for study and memorization
- **A Weekly "Focus"** | Content that supports the central Spiritual Practice for the month
- **Application Concepts** | Targeted for a wide variety of ministry areas
- **Discipleship Gatherings** | Large group gathering once a month to share testimonies, worship and a reminder to keep Christ at the center.

DISCIPLESHIP PLAN FRAMEWORK | 2026 SCHEDULE

JAN	Prayer Mt 6:9-13	MAY	Proclamation Mt 28:18-20	SEP	Confession 1 Jn 1:8-9
FEB	Compassion 1 Jn 3:17	JUN	Forgiveness Mt 18:21-22	OCT	Worship Rom 12:1
MAR	Scripture Col 3:16	JUL	Solitude Mk 1:35	NOV	Generosity Mt 6:19-21
APR	Humility Phil 2:3-4	AUG	Servanthood Mk 10:45	DEC	Celebration Mk 5:19-20

DISCIPLESHIP PLAN DELIVERY + COMMUNICATION



VERBAL

Spiritual Practices will be communicated at each Sunday worship service during the "Discipleship Moment." Ministry areas will communicate the Spiritual Practice in connection with their regular curriculum.



VISUAL

Signs will be displayed across ministry areas in the church communicating the 12 Spiritual Practices



MUSICAL

Worship music will seek to connect with the Spiritual Practice of the month.



CURRICULUM

A study curriculum will help facilitate learning and growth in Life Groups, one-on-one discipleship, and in a Sunday morning classroom environment.



TOOLS + MATERIALS

Devotional booklets for personal and group study; journaling materials with guides for families; mentorship guides; books for sale in the Nook.



SOCIAL MEDIA

Weekly posts will be sent church-wide with age-relevance considered across ministry areas.